

Services for People Affected by Acquired Brain Injury

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Introduction

An Acquired Brain Injury (ABI) can be caused by a road accident, stroke, brain haemorrhage, infection, tumour, or blow to the head, amongst other things. We have tried to include the agencies and services here that you may find helpful. Some of these services are specifically for people with a Brain Injury and others are more general services.

If you need any help in finding the nearest service to you, call us on 1890 200 278, Monday to Friday, 9 – 1 and 2 - 5.

Acquired Brain Injury Specialist Services

Headway, various locations

*Unit 1-3 Manor St. Business Park, Manor St., Dublin 7. Tel: 01-810 2066, National Helpline: 1890 200 278
info@headway.ie, www.headway.ie*

Headway services include brain injury rehabilitation, psychology, psychotherapy & counselling, day rehabilitative services, rehabilitative training, community integration, employment support, and transition to work. We have services in Cork, Dublin, the South East, Kerry & Limerick. We also provide support, information and group sessions for people with a brain injury, carers and family members, and professionals. We can give information & confidential support anywhere in the country through our low-cost telephone number: 1890 200 278, and our website: www.headway.ie.

Acquired Brain Injury Ireland (formerly the Peter Bradley Foundation), various locations

Tel: 01-2804164, www.abiireland.ie

This organisation provides community-living, neuropsychology, and a home-based rehabilitation service to people with an ABI. They also have ABI Case Managers in the Midlands & counties Dublin, Carlow, Louth, Meath & Monaghan, who help co-ordinate the services the brain injured person needs, where possible.

BRÍ – The Acquired Brain Injury Advocacy Association, various locations

*Tel: 01 2355 501, info@briireland.ie
www.briireland.ie*

BRÍ run ABI support & advocacy groups in many counties. They also have an Advocate for people with an ABI in Dublin to assist them if they request help in accessing their full rights and entitlements.

Quest, Galway, Mayo, Roscommon

*9A Liosban Business Park, Tuam Road, Galway. Tel: 091-778850
www.questbraininjury.com*

This service provides rehabilitative training, and outreach to people from Galway, Mayo & Roscommon.

HSE Day & Outreach Service, Co Tipperary

Acquired Brain Injury Rehabilitation, 14 Hillside Close, Clonmel, Co. Tipperary Tel: 052 809 90

This centre provides rehabilitative programmes for people with an ABI from Carlow, Kilkenny, South Tipperary, Waterford and Wexford. Their aim is to help people to live more independently.

HSE Regional Adult Acquired Brain Injury Services (South East)

*Monastery House, Golden Road, Cashel, Co. Tipperary.
Tel: 062 64905*

This team provide a rehabilitation service to people with an ABI in Carlow, Kilkenny, South Tipperary, Waterford & Wexford. They have a Neuropsychologist, a Key worker, and an Occupational Therapist.

HSE Donegal Physical & Sensory Disability Services, Donegal

Acquired Brain Injury Team, Unit 2 Pearse Road, Letterkenny, Co. Donegal. Tel: 074 9177 005

This team consists of a Key Worker, an Occupational Therapist and has input from a Psychologist. Their goal is to optimise recovery following an ABI and to support the person's independence in their home, social and work life.

North West Services for People with ABI, Sligo

Sligo / Leitrim Physical & Sensory Disability Services, JFK House, JFK Parade, Sligo. Tel: 071-9135001

This community based team provide a range of rehabilitation services for people with ABI in Leitrim, Sligo and West Cavan.

Galway Head Injuries Support Group, Galway

*c/o Quest, 9A Liosban Business Park, Tuam Road, Galway. Tel: 091 768168, galwayhisg@gmail.com
www.galwayheadinjury.com*

This group provide support, information & counselling to families of people with an ABI in Galway.

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National Rehabilitation Hospital (NRH), Dublin

*Rochestown Avenue, Dun Laoghaire, Co. Dublin. Tel: 01 235 5000
www.nrh.ie*

The NRH provides intensive rehabilitation for children and adults with an ABI, both as in-patients and out-patients. They also have rehabilitation training unit for adults and a school for child patients. Your GP can refer you as an out-patient even if you haven't been a patient previously.

Volunteer Stroke Scheme, various locations

*249 Crumlin Road, Dublin 12.
Tel: 01-455 9036,
www.strokescheme.ie*

This service provides a number of supports to people who have had a stroke and their families.

Residential Services - for ABI

Acquired Brain Injury Ireland, various locations

*43 Northumberland Avenue, Dun Laoghaire, Co. Dublin. Tel: 01-280 4164
www.abiireland.ie*

This service provides assisted living through a residential service in a number of locations throughout Ireland. Call them or visit their website to get more information

Cherry Orchard Hospital, Dublin

Lisbri Unit, Cherry Orchard Hospital, Ballyfermot, Dublin 10. Tel: 01-6206157

This service offers 24 beds to people who have a physical or sensory disability. An application form

(available from the hospital) must be submitted by your GP.

RehabCare – Galway, Mayo & Roscommon

*c/o Rehab group, Roslyn Park, Beach Road, Sandymount, Dublin 4. Tel: 01-2057200
www.rehab.ie*

This service in Galway provides an assisted living residential service for people with ABI in Galway, Mayo & Roscommon. They also have a transitional living unit which can be a stepping stone to full independence.

HSE Transitional Living Unit, Co Tipperary

17 New Toberaheena, Clonmel, Co. Tipperary. Tel: 052 80489

This service has three rehabilitation places for people with ABI and acts as a stepping stone towards more independent living.

St. Mary's Hospital, Dublin

*Phoenix Park, Dublin 20.
Tel: 01 6250 300*

This service provides long-stay residential places for people with an ABI. It also has a Stroke Unit.

The Royal Hospital Donnybrook, Dublin

*Morehampton Road, Donnybrook, Dublin 4. Tel: 01 4066 600
www.rhd.ie*

This service provides residential & rehabilitation services to people with an ABI. They also have a transitional living unit as a stepping stone towards full independence.

Peamount Hospital, Dublin

Newcastle, Co. Dublin. Tel: 01 6010 300

Peamount hospital provides long-term residential accommodation, some

post-acute care, and rehabilitation to people including those with ABI.

Devey Health Care, Dublin

*ABI Centre, St. Doolagh's Park, Malahide Road, Balgriffin, Dublin 17.
Tel: 01-8477950
www.deveyhealthcare.com*

This private service offers residential care to people with ABI from all counties in Ireland.

Hamilton Park Care Facility, Co. Dublin

*Hamilton Park Care Facility, Balbriggan, Co. Dublin, Tel: 01 6903 190
email: info@hamiltonpark.ie,
www.hamiltonpark.ie*

This private service offers residential care to 23 people with an ABI.

Redwood Extended Care Facility, Co. Meath

*Redwood Extended Care Facility, Stamullen, Co. Meath
Tel: 01-8412660 Fax: 01-8418400*

This residential facility provides assessment, treatment and rehabilitation service. It has a specialised neuro-behavioural rehabilitation unit for people with an acquired brain injury and significant behavioural challenges.

Other new facilities are being planned, so do call us in Headway to see if any new ones have opened recently.

Residential Services - Other

Cheshire Ireland, various locations

*Tel: 01 297 4100, info@cheshire.ie
www.cheshire.ie*

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This service provides supported accommodation and respite to adults primarily with physical disabilities in a variety of locations throughout Ireland; namely, Carlow, Cork, Donegal, Dublin, Galway, Kerry, Limerick, Mayo, Sligo, Waterford & Wicklow.

Irish Wheelchair Association Housing Support Service, Dublin

Tel: 01-8186 400 www.iwa.ie or dolores.murphy@iwa.ie

The IWA Housing Support Service is based primarily in Dublin and provides information on housing options for people with limited mobility.

Nursing Homes Ireland

Web: www.nhi.ie Tel: 01 429 2570

Nursing Homes Ireland is the representative organisation for the private and voluntary nursing homes sector. They can give you a list of nursing homes in your area, and have a useful checklist of what to ask if choosing one.

Employment, Home Support & Advocacy Services – for ABI

Headway, various locations

1-3 Manor St. Business Park, Manor St., Dublin 7 Tel: 01-8102066 www.headway.ie

Headway provides supported employment services and back to work programmes in centres in Dublin, Cork and Limerick.

Acquired Brain Injury Ireland, various locations

43 Northumberland Avenue, Dun Laoghaire, Co. Dublin Tel: 01-2804164 Web: www.abiireland.ie

This service provides people with a rehabilitation assistant who will work with the person in their own home to support them in dealing with the difficulties that may arise as a result of their ABI.

RehabCare, Galway, Mayo, Roscommon

c/o Rehab group, Roslyn Park, Beach Road, Sandymount, Dublin 4. Tel: 01-2057200, Web: www.rehab.ie

In Galway, Mayo & Roscommon, RehabCare provide support workers in the community specifically for people with ABI.

Employment, Home Support & Advocacy Services - Other

Centre for Independent Living (CIL)

Carmichael House, North Brunswick St., Dublin 7 Tel: 01-8730455 www.dublincil.org

This service provides personal assistance in a range of locations throughout Ireland. A list of CIL's can be found on their website.

FÁS

27-33 Upper Baggot St., Dublin 4. Tel: 01-6070500 www.fas.ie

Your local FÁS office will be able to guide you to any local resources that you can access to help you to return to work or to re-train in a different area. FÁS may be able to refer you to a supported employment agency which may be able to meet your needs.

Irish Wheelchair Association Assisted Living Service

Tel: 01-8186 400 Web: www.iwa.ie

IWA's Assisted Living Services provide the services of a personal assistant to individuals with a physical or sensory disability. The services are provided in the individuals' homes and communities.

Family and Carer Support Services

Caring for Carers

2 Carmody Street Business Park, Ennis, Co. Clare. Tel: 065-6866515 www.caringforcarers.org

This organisation provides a range of services for family carers throughout Ireland. It promotes the health, well-being and quality of life of family carers and those they care for.

The Carer's Association

Tel: 1800 2407 24 info@carersireland.com www.carersireland.com

This group provides support and training to family carers. They have centres & support groups around Ireland.

Headway

1-3 Manor St. Business Park, Manor St., Dublin 7, Tel: 1890 200278 www.headway.ie

This service provides support groups to people with ABI and/or their families in Carlow, Cork, Dublin, Kerry, Limerick, Waterford & Wexford. They also provide a National Telephone Helpline 1890 200 278.

Irish Cancer Society

Tel: 1800 200 700, helpline@irishcancer.ie, www.cancer.ie

The Irish Cancer Society can put you in touch with a brain tumour support

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group if you live in Dublin, Cork or Galway. They also have a Helpline, and provide information, counselling and support services for cancer patients and their families.

Other Support Services & Groups:

Citizen's Information Board

*Tel: 1890 777 121,
information@citizensinformation.ie,
www.citizensinformation.ie*

Contact this service to find out what your entitlements are, where to apply, and what your local services are.

Citizen's Information Centres (CICs)

CICs provide free and confidential information on rights & entitlements and information on local services. You can make an appointment or just drop in. They can also put you in touch with an Advocate if you are having difficulty accessing your full rights & entitlements. **Phone 1890 777 121 to find your nearest centre.**

The HSE (Health Services Executive)

Call the HSE on their information line 1850 24 1850. info@hse.ie, www.hse.ie.

They will be able to give you the number for your local Public Health Nurse or Disability Manager, who should be able to assist you to access any local services.

Association of Occupational Therapists in Ireland

*Tel: 01 6337222, info@aoti.ie
www.aoti.ie*

If you contact them, they will be able to give you the names of private occupational therapists in your area.

Chartered Physiotherapists in Private Practice

*Tel: 053 942 3610,
mary.doran@cphp.ie
www.cphp.ie*

If you contact them, they will be able to give you the names of private physiotherapists in your area.

Irish Association of Speech and Language Therapists

*Tel: 085 706 8707, info@iaslt.com
www.iaslt.ie*

Contact them for the names of private speech & language therapists in your area.

Irish Association for Counselling and Psychotherapy

*Tel: 01 272 3427, iacp@iacp.ie,
www.irish-counselling.ie*

If you contact them, they will be able to give you the names of accredited private counsellors and psychotherapists in your area.

Brainwave - The Irish Epilepsy Association

*249 Crumlin Road, Dublin 12.
Tel: 01-455 7500 www.epilepsy.ie*

This group provides information, support, and groups to people with epilepsy and their families.

Encephalitis Ireland

*73A Pembroke Lane, Ballsbridge,
Dublin 4. rc@tjc.ie or
pwal2@eircom.net
www.encephalitisireland.ie*

This service provides information and support for people after encephalitis. Ronan Crinion is their contact person.

Meningitis Research Foundation

*Tel: 01-819 6931 Free-phone: 1800 413344, helpline@meningitis.org,
www.meningitis.org*

This service provides information and support for people with meningitis through a 24 hour telephone helpline.

Meningitis Trust

Tel: 1800 523 196, eolas@meningitis-trust.ie, www.meningitis-trust.ie

This service offers information about the disease and local support services.

Aware

*Tel: 1890 303 302, info@aware.ie,
www.aware.ie*

This group provides support to people with depression & their families through a Helpline and support groups around Ireland.

The Migraine Association of Ireland

*Tel: 1850 200 378, info@migraine.ie,
www.migraine.ie*

This service provides information and support to headache and migraine sufferers.

Psychological Society of Ireland

*CX House, 2A Corn Exchange Place,
Poolbeg Street, Dublin 2. Tel: 01-4749160 www.psihq.ie*

This is the professional body for psychologists in Ireland and can help you locate a private psychologist.