

Like to find out mo



Come along to a Briefing Session being held on 20th October in the TF Royal Hotel, Old Westport Road, Castlebar, Co. Mayo

10.00am-12.00 noon

Join us for a chat and find out more about the training programme before deciding to attend.

If you wish to come along to the briefing session or if you would like further information please contact:

**Imelda Walsh**

**Acquired Brain Injury Ireland  
West/North West Region  
7 Calbro House, Tuam Road, Galway**

**Tel: 091 700 210**

**Email: [iwalsh@abiireland.ie](mailto:iwalsh@abiireland.ie)**

**Una Kinane**

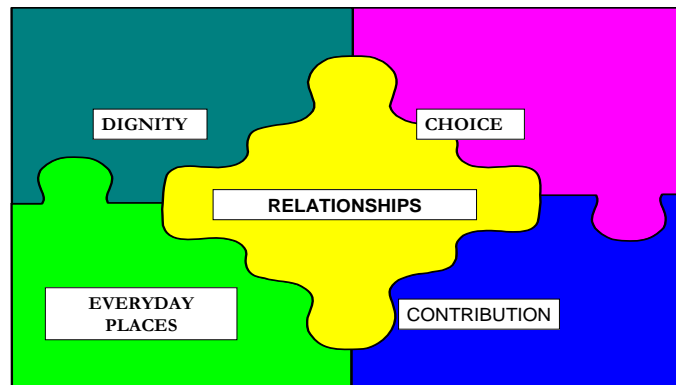
**Or: ABI Ireland National Office  
43 Northumberland Avenue,  
Dun Laoghaire, Co. Dublin  
Email: [ukinane@abiireland.ie](mailto:ukinane@abiireland.ie)**

**Tel. (01) 2804 164 ext 207**

**Acquired Brain Injury Ireland (formerly the Peter Bradley Foundation) has developed specialised ABI services throughout Ireland. These include the following :-**

- \* **Assisted Living (residential)**
- \* **Community Rehabilitation Services**
- \* **Side-by-Side Clubhouse**
- \* **Rehabilitation Support Team**
- \* **Case Management**
- \* **Clinical Support**
- \* **External Awareness & Education Programmes**

### Acquired Brain Injury Ireland Values



## Brain Aware

### A Training Programme

**For Family Members Caring For and Supporting Someone with an**

**Acquired Brain Injury (ABI)**

**TF Royal Hotel, Old Westport Road,  
Castlebar, Co. Mayo**

**Nov - Dec 2009**

**A briefing session will be held on  
20th October in advance of the  
programme**

**See inside for more details....**

- \* Do you have a family member who has a brain injury?
- \* Would you like to develop your skills and knowledge of ABI to help you in your caring and rehabilitation role?
- \* Would you like to learn in an environment with other family members?

If so you will be interested in the following Carer Training Programme being run by Acquired Brain Injury Ireland in Castlebar, Co. Mayo in Nov/Dec 09 To develop the carer's skills and knowledge of AI Overall Programme Aim appropriately to their family member's needs

Day 1: Wed 4th Nov 9.30-1pm

Day 2: Wed 11th Nov 9.30-1pm

Day 3: Wed 18th Nov 9.30-1pm

Dates  
for Training Programme

Day 6: Wed 9th Dec 9.30-1pm

Acquired Brain Injury Ireland staff, along with external trainers who are specialists in their field, will facilitate the 6 sessions

Venue: TF Royal Hotel, Old Westport Road,  
Castlebar, Co. Mayo

We will provide a safe and supportive environment for people to discuss issues that are important to them and get advice and support from professionals working in the area of brain injury

\* \* \* \* \*

The Carer Training Programme will give family members an opportunity to meet with other families, share their stories and experiences and learn from each other

\* \* \* \* \*

There will be a maximum of 15 people per group which will allow good discussion and interactive learning to take place. We hope that the informal meeting of people sharing similar experiences will provide a support to family members.

## Topics

- \* Introduction to Acquired Brain Injury
- \* ABI & the Family - How Families Cope with Acquired Brain Injury
- \* Meaningful Every Day Routines and Achieving a Meaningful Life
- \* Health Promotion and Wellbeing of Carers
- \* Emotional and Behavioural Changes Following Brain Injury
- \* Communication and the Challenges after Brain Injury
- \* Attention and Memory Difficulties Following Brain Injury
- \* Children with an Acquired Brain Injury

**Note: There is no charge for this training**

