



Brain Aware Training Programme

For Family Members Caring For and Supporting Someone with An Acquired Brain Injury
(ABI)

TF Royal Hotel, Castlebar, Co. Mayo; Commencing 4th November 2009

- ❖ Do you have a family member who has a brain injury?
- ❖ Would you like to develop your skills and knowledge of ABI to help you in your caring and rehabilitation role?
- ❖ Would you like to learn in an environment with other family members?

If so you will be interested in an Awareness & Education programme being run by Acquired Brain Injury Ireland in Castlebar, Co. Mayo

Training Dates: 4th 11th 18th 25th November, 2009;
2nd 9th December, 2009; 9.30am-1pm each day

Topics

- ❖ Introduction to Acquired Brain Injury
- ❖ ABI & the Family - How Families Cope with Acquired Brain Injury
- ❖ Meaningful Every Day Routines and Achieving a Meaningful Life
- ❖ Health Promotion and Wellbeing of Carers
- ❖ Emotional and Behavioural Changes Following Brain Injury
- ❖ Communication and the Challenges after Brain Injury
- ❖ Attention and memory difficulties following brain injury
- ❖ Children with an Acquired Brain Injury

No Charge

Come along to a Briefing Session being held on 20th October 2009 in The TF Royal Hotel, Old Westport Road, Castlebar; 10.00am-12.00noon

Join us for a chat and find out more about the Training Programme before deciding to attend.

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